



# THE TRELEIGH ARMS

Menu Pack 2017

## Opening Hours

### Meals Served

Daily between 12 noon & 2:30pm  
(last orders 2pm)

Evenings between 6:30pm &  
9:30pm (last orders 9pm)

Sunday evenings between 6:30pm  
& 9pm (last orders 8:30pm)

### Bar Times

Monday to Thursday 11am to  
2:30pm & 5pm to 11pm

Friday & Saturday 11am to 11pm

Sunday 11am to 10:30pm

# Welcome to the Treleigh Arms



We hope our menus are easy to follow, but you will notice some abbreviations in brackets after certain dishes. The key to these are as follows:

(V) = Vegetarian

(GF) = Gluten Free & suitable for Coeliacs

(GFP) = Gluten Free Possible

(VG) = Vegan Friendly

Most dishes are served as complete meals, but if you would like to change or add anything please ask. We are happy to oblige wherever possible

If you have any special dietary requirements, allergies or intolerances please advise a member of staff prior to ordering so we are aware

Whilst we aim to serve our customers as quickly as possible, there may be a wait during busy times, as our food is home cooked or prepared to order

All weights are approximate prior to cooking, fish may contain bones  
Traces of nuts may be present

For wines to accompany your meal please see the wine list. We serve most of our wines by both the glass and the bottle

The Specials and home-made Curries, Pies, Soups and Desserts are advertised on the Specials Lists – don't forget to take a look!

Why not join us for Sunday Lunch? A choice of three meats, seasonal vegetables, traditional accompaniments and home-made stock gravy – booking is advisable

For special occasions, functions & buffets, please speak to a member of staff  
We are here to help!

If we are doing something wrong or you are unhappy with your meal, please advise us at the time, as mistakes are often difficult to rectify at a later date

Finally, we hope you enjoy your time with us at the Treleigh Arms. We endeavour to deliver good food, good service, and a warm welcome to you at all times

# Welcome to the Treleigh Arms



## Lunchtime Menu

### **SANDWICHES & BAGUETTES ~ white or brown bread or an artisan white baguette served with a salad garnish & tortilla chips**

Mature Cheddar	£4.95	£5.45
Ham	£5.25	£5.75
Prawn Marie Rose	£5.95	£6.50
Tuna Mayonnaise	£5.95	£6.50
BLT – Bacon, Lettuce & Tomato	£5.75	£6.45
Salad & Mayonnaise (V)	£4.25	£4.95

### **PANINI ~ with salad garnish & a pot of home made coleslaw**

Mature Cheddar & Red Leicester Melt (V)	£5.75
Ham & Double Cheese Melt	£6.25
Smoked Streaky Bacon & Tomato	£6.50

### **JACKET POTATO ~ with dressed seasonal salad**

Double Cheese (V) (GF)	£6.25
Double Cheese & Baked Beans	£6.75
Tuna Mayonnaise (GF)	£6.95
Home-made Beef Chilli	£7.25
Prawn Marie Rose (GF)	£7.45
Home-made Coleslaw	£6.25

### **TRADITIONAL PUB LUNCHES**

Ham, Free-range Eggs & Chips (GF)	£8.50
Local Sausages, Free-range Eggs & Chips	£8.50
Curry of the Day with Rice	£10.25
Beer-battered Cod, Chips & Peas (GFP)	£10.25
Beef Lasagne served with Salad & Garlic Bread	£9.95
Home-made Pie of the Day with Chips & Peas or New Potatoes & Seasonal Vegetables	£10.25
Three Cheese Ploughman's with Fresh Bread (V)	£8.50
Vegetable Lasagne with Salad & Garlic Bread	£9.95
Chef's Home-made Soup of the Day	£5.50
Chilli Con Carne with Rice or over Tortilla Chips with Melted Cheese & Soured Cream	£9.25
Cajun Spiced Chicken Fillet with Salad & Fries	£11.75
Home-made Burger in a Bun with Salad accompanied by Fries & Home-made Coleslaw	£10.50

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## Evening Menu

### Starters

- Home-made Soup of the Day with Fresh Bread £5.50
- Mixed Marinated Olives, Balsamic Oil & Fresh Bread £4.95
- Home-made Chicken Liver Pate with Toast £5.75
- Garlic Mushrooms in Herb Butter (V) (GFP) £5.50
- Grilled Goat's Cheese on Mixed Salad Leaves with Balsamic Glaze (V) (GF) £6.50
- Deep-fried Crispy Blanch-bait with Lemon & Herb Mayo £5.85
- Garlic Bread (V) £3.25 with Cheddar £3.50 with Stilton £3.95

### Main Courses

- Home-made Beef or Vegetable Lasagne served with a Seasonal Salad & Garlic Bread (V) £9.95
- Home-made Pie of the Day with Chips & Peas or New Potatoes & Seasonal Vegetables £10.25
- 8oz Sirloin Steak, cooked to your liking  
with Chips, Mushrooms, Onion Rings, Grilled Tomatoes & Peas £16.75
- Pan-fried Lamb's Liver topped with Smoked Streaky Bacon in a rich Onion Gravy  
served with Mashed Potato & Peas £11.25
- Poached Supreme of Salmon with a Sweet Chilli Glaze  
placed on Roasted Vegetables served with New Potatoes £12.95
- Oriental Vegetable Stir-fry in a Sweet & Sour Sauce (V) (GF) £8.50
- Or with Chicken (GF) £10.75
- Cajun Spiced Chicken Fillet with Salad & Fries (GF) £11.75
- Curry of the Day with Rice & Naan £10.25
- Grilled Cod Steak with Lemon Parsley Butter served with Salad & New Potatoes £13.25
- Treleigh Burger: 6oz Steak Burger in a Toasted Bun with Salad  
accompanied by Chips & Coleslaw £10.50
- 8oz Gammon Steak, Egg or Pineapple, Chips, Peas & Tomato £10.45
- Penne Pasta in a rich Tomato & Basil Sauce presented with a Green Salad £9.25
- Landlord's Grill: Gammon, Lamb Chop, Rump Steak, Sausage, Pork Steak with Chips, Peas,  
Mushrooms, Egg, Grilled Tomato & Onion Rings (GF) £18.95

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## Side Orders

Chips	£2.50	Seasonal Salad	£2.95
Garlic Bread	£3.25	Garlic Bread & Cheese	£3.75
Roll & Butter	£1.50	Garlic Bread & Stilton	£3.95
Side of Seasonal Vegetables		£2.95	

## Children's Menu ~ All at £5.50

Battered Cod & Chips

Local Sausages & Mash

Wholetail Scampi & Chips

Chicken Nuggets & Chips

Tiny Pie & Vegetables

Tomato Penne & Garlic Bread (V)

All served with Peas, Beans or an Egg – please ask

## Desserts & Cheese

Sticky Toffee Pudding £5.45

Irish Cream Brulee £5.95

Home-made Fruit Crumble £5.25

Chocolate Fudge Brownie £5.85

Three Scoops of Callestick Farm Ice-cream £4.75

Mixed Cheese & Crackers £6.50

Please ask for the current selection of Cheeses and Ice-creams  
and don't forget to check the Specials for other Home-made Desserts

## After Dinner Tea, Coffee & Hot Drinks

Take a look at our Coffee Menu or spoil yourself with a Liquor Coffee

If you prefer tea, we have a selection on offer

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## Sunday Lunch Menu

### Starters

Home-made Soup of the Day with Fresh Bread £5.50

Marinated Olives, Balsamic Dip & Bread £4.25

Home-made Chicken Liver Pate with Toast £5.75

Garlic Bread or Cheesy Garlic Bread £3.50

### Main Courses

Roast Topside of Cornish Beef

Roast Breast of Norfolk Turkey

Roast Leg of Pork

All roasts served with traditional accompaniments, seasonal vegetables & stock gravy £9.25

Home-made Beef or Vegetable Lasagne, Salad & Garlic Bread £9.95

Beer-battered Cod, Chips & Mushy Peas £10.25

Home-made Pie of the Day with Chips & Peas or New Potatoes & Seasonal Vegetables £10.25

Curry of the Day with Rice £9.95

### Children's Meals

Chicken Nuggets with Chips & Peas or Beans £5.50

Trevarthens Sausages with Chips & Peas or Beans £5.50

Scampi with Chips & Salad £5.50

Small Roast Dinner £6.50